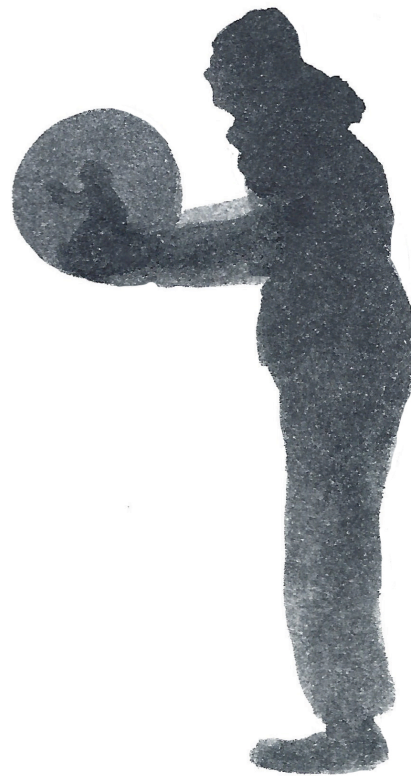
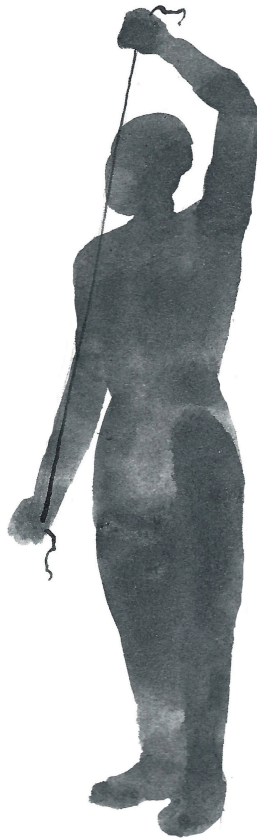


# Constellating your Story

An experiential workshop with Clare Crombie and Fiona Macbeth

Using processes from story making and systemic constellations. Fiona and Clare will support you to explore a promise you may have made early in life that keeps you from meeting deep hunger with nourishment.



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## Who is it for?

*Constellating your story* has been successfully used with people seeking a way of making different choices in their lives. The Inside Story technique brought by Fiona Macbeth can be integrated by therapists, coaches, and facilitators into their current practice. The “systemic lens” brought by Clare Crombie’s work with constellations can also enhance an existing practice of any kind.  
[clarecrombie.com](http://clarecrombie.com)  
[an-inside-story.co.uk](http://an-inside-story.co.uk)

## When and where: 2024

Sunday, 14th April in Exeter  
Sunday, 28th April in Oxford  
Sunday 15th Sept in Edinburgh (tbc)

All courses run from 9.30 to 5pm  
Cost £90.

Contact Clare or Fiona for more info.  
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[fiona@an-inside-story.co.uk](mailto:fiona@an-inside-story.co.uk)